

PRAY THROUGH THE LORD'S PRAYER – SPEND 3/4 MINUTES ON EACH SECTION

1. Our Father in Heaven hallowed be your name. Thank and praise God for:

- Being your loving Heavenly Father who deeply loves you.
- He so loves us that He gave His only son to rescue us...!
- His beauty as seen in creation – the sun, moon and stars, birds, animals etc.
- His mercy and grace to human kind.

2. Your Kingdom come. Your will be done on earth as it is in Heaven. Pray for:

- God's kingdom to come in your community and/or workplace;
- The love and worship of Jesus Christ to be first in people's hearts, including a love for His word – The Bible;
- God's blessing on every individual, marriage, family, community, business, school, government, hospitals, Police, First Responders etc.;
- Prayer to be at the center of every individual, family, community, business, government etc.
- Unconditional love between people, for forgiveness, mercy and grace;
- Love, peace and joy to reign;
- God's light to drive out the darkness – for people to be set free from addiction, immorality, injustice, corruption, jealousy, pride...
- Healing for the sick – name specific needs;
- The needs of the poor, brokenhearted, lonely etc. to be met;
- Marriages and families to be blessed;
- Righteousness, justice and humility to reign; and
- People to love the things God loves and to hate the things He hates.

3. Give us this day our daily bread. Pray for:

- Specific needs for you and your family – forgiveness, love, joy... ;
- The specific needs of people in your community;
- The poor, the old, the weak and the sick; and
- The needs of government, education, hospitals, Police and First Responders etc.

4. Forgive us our sins as we forgive those who sin against us. Pray for:

- The Holy Spirit to search your heart and bring to mind anything that needs to be confessed and repented of;
- Courage to confess your sins to one another;
- Courage and strength to decide to repent – turn away from the sin/s;
- God to pour His love into your heart to give you the motivation to live with an attitude of forgiveness – to forgive people before an offense is committed;
- Humility and strength to never take offense – “I have been crucified with Christ...” and
- For forgiveness, mercy and love to flow in your community.

5. Don't let us yield to temptation but rescue us from the evil one. Pray for:

- Discernment, sensitivity to the Holy Spirit and alertness to resist every scheme of Satan to ensnare you in sin;
- The grace to say “No” to anything that will grieve, quench or resist the Holy Spirit;
- Wisdom to avoid putting yourself in a position to be tempted;
- Self-discipline to build yourself up in the faith through prayer, worship, meditating and memorizing scripture and fellowship with other Christians;
- Strength to guard your heart from any roots of unforgiveness, bitterness, discouragement, disappointment, pride, jealousy etc. and
- As above, for your community.

6. For Yours is the kingdom and the power and the glory forever. Amen. Pray for:

- Revelation and understanding that:
 1. God holds everything together by the power of His word;
 2. We live and move and have our being in Him;
 3. Everything is from Him and through Him and to Him and He gets all the glory; and
 4. God is outside time, matter and space and He is working His eternal plan and purpose out in and through the events in your life and on earth.
- A willing heart to say “Yes” to whatever God’s will is for your life; and
- To have wisdom and passion to set your heart on the things of Heaven and to live your life as a sojourner fully surrendered to God’s will.