

We the People

*Insure domestic Tranquility, provide for the common defense,
promote the general Welfare, and secure the Blessings of Liberty,
to ourselves and our Posterity, do ordain and establish
this Constitution for the United
States of America.*

Article I

Handwritten text from the Constitution, partially obscured by the American flag on the left.



PRAYER AT THE HEART

A MOVEMENT OF HOPE

SUNRISE SERVICE

RESOURCE

★ THE 1 MILLION SOULS CAMPAIGN ★

*"Because your lovingkindness is better
than life, my lips shall praise You."*

— Psalm 63:3

PRAY ★ SEEK ★ UNITE ★ AWAKEN





PRAYER AT THE HEART

PRAY

FLOWCODE

PRIVACY.FLOWCODE.COM

A MILLION SOULS INITIATIVE

★ JOIN TODAY ★

A Republic, If We Can Keep It

Leaving Independence Hall, Benjamin Franklin was asked, “What kind of government have you given us?” To which he quipped, “A republic, if you can keep it.”

Since the French Revolution in 1789, France has gone through 15 different constitutions—so many that the nation has been called a “constitutional laboratory” of monarchies, empires, and republics. Germany, since 1776, the date of the founding of the United States, has gone through roughly five distinct constitutional systems, and Russia, in the post-Soviet era, has gone through eight. China, in the last seventy years, has raced through five iterations of its constitution. But America—and its republic—has lasted, even through a civil war.

Abraham Lincoln famously observed the danger for America: “If destruction be our lot, we must ourselves be its author and finisher.” His concern was that, if America ever fell, it would die by suicide.

Republics fall most often due to internal corruption, extreme political polarization, wealth inequality, or a transition to authoritarianism—all of which we are now seeing. Gridlock, groupthink, the lack of grace, and the absence of true and classic liberalism mean an inability to resolve disputes and effect internal reforms that mitigate against a level of violence that threatens to topple the government.

During the 1787 Constitutional Convention, George Washington sat in a mahogany Chippendale-style armchair. It bore the image of a sun in the headrest. At the end of the convention, Benjamin Franklin asked to speak. Commenting on the sunburst, he said that during the convention, and through all the wrangling, he had been thinking about that image, asking himself, “Is the sun rising or setting on America?” He optimistically declared that he believed it to be rising.

Now we must ask the question again: “Is the sun rising or setting on America?” Perhaps only God knows. Perhaps God is the determining factor.

Join millions across the nation this July 4th for the Sunrise Prayer Service. Pray for the “Son” to rise in America—for a spiritual awakening.

Dr. P. Douglas Small, President, Prayer at the Heart



HOW TO USE THIS SUNRISE SERVICE RESOURCE



Welcome to this Sunrise Service Resource, thoughtfully prepared to help individuals, families, churches, and communities gather at daybreak in prayerful reflection for our nation. As the sun rises, may our hearts also rise in gratitude, humility, repentance, faith, and renewed hope in God.

THIS RESOURCE IS ORGANIZED AROUND **FOUR SACRED MOVEMENTS** OF REFLECTION AND PRAYER

designed to guide participants on a meaningful spiritual journey:



1. REMEMBERING THE FOUNDATIONS

Looking back at our nation's founding, acknowledging God's providence, honoring the sacrifices of those who came before us, and reflecting on the spiritual foundations that helped shape our nation.



2. SEEING THE PRESENT CLEARLY

Looking around at the current spiritual, moral, cultural, and societal conditions of our communities and nation, recognizing both the challenges before us and the opportunities for God to move.



3. SEEKING HEAVEN'S HELP

Looking up to God in prayer, repentance, worship, and dependence, asking for His wisdom, mercy, intervention, and guidance in this critical hour.



4. EMBRACING THE PROMISE AHEAD

Looking ahead by faith, believing God for revival, spiritual awakening, transformed lives, strengthened families, healthy churches, and a nation turned again toward Him.



This resource is flexible and can be used in full or in part to fit the time and needs of your Sunrise Service. May God bless your gathering and use it to inspire hearts and transform our nation.

HOW TO USE THE SUNRISE SERVICE



The Sunrise Service is a sacred time to gather in the early morning light, lift our hearts in prayer, and celebrate the goodness and faithfulness of God.

This service can be used as presented, adapted to your setting, or woven into other gatherings throughout the year.

WITHIN THE SUNRISE SERVICE YOU WILL FIND:



A brief explanatory reflection



Selected quotes or readings



Key historical or cultural insights in bullet form



Suggested Scripture passages for public reading



Guided prayer points to help participants pray with focus and unity

There is no rigid formula for using this resource. You may follow it exactly as presented, adapt portions for your setting, or use individual sections as standalone moments of reflection throughout the year. Whether gathered with many or with few, *our prayer is that these pages will help turn hearts toward God, unite believers in prayer, and inspire faith for what He desires to do in our nation.*



HOW TO USE THIS SERVICE



1



PREPARE

Choose a location with a clear view of the sunrise, such as a park, hilltop, or open space.

2



GATHER

Invite your community to arrive early. Encourage participants to bring chairs or blankets and dress warmly.

3



FOLLOW THE FLOW

Use the provided order of service as a guide. Readings, reflections, and prayers can be shared by leaders or participants.

4



CLOSE IN UNITY

End with a time of corporate prayer and a commitment to live in faith and serve our nation.

May the rising of the sun remind us that
“HIS MERCIES ARE NEW EVERY MORNING.”

— LAMENTATIONS 3:23 —

MOVEMENT ONE



REMEMBERING THE FOUNDATIONS

TRACING THE HAND OF GOD

This first movement invites us to look back with gratitude and humility. We remember that from the beginning, God has been at work in the story of our nation. As we honor our founding, the sacrifices of those who came before us, and the spiritual foundations that helped shape our land, may our hearts be stirred to cherish our heritage and be faithful stewards of the legacy entrusted to us.



LEADER QUOTES & REFLECTIONS

“It is the duty of all nations to acknowledge the providence of Almighty God.”

— *George Washington*

“The Bible is the best of books, and the best of things in this world.”

— *Abraham Lincoln*



HISTORICAL & CULTURAL INSIGHTS

- America was founded by men and women who sought religious freedom and built their lives on biblical truth.
- Prayer, Bible reading, and church leadership were central in the lives of our Founding Fathers.
- The Declaration of Independence affirms our rights as coming from our Creator.



SCRIPTURE FOR PUBLIC READING

PSALM 78:4–6

We will not hide them from their children, but tell to the coming generation the glorious deeds of the LORD, and His might, and the wonders that He has done, ...

DEUTERONOMY 8:2

Remember the LORD your God, for it is he who gives you the ability to produce wealth, and so confirms his covenant, which he swore to your ancestors, ...

1 CHRONICLES 16:12

Remember the wonders he has done, his miracles, and the judgments he has pronounced, O his people. ...



MOVEMENT ONE



REMEMBERING THE FOUNDATIONS

TRACING THE HAND OF GOD

PRAYER POINTS FOR PERSONAL & GROUP REFLECTION



PERSONAL PRAYER POINTS

- Thank God for the blessings of freedom and faith that have been passed down through generations.
- Ask God to help you see His hand at work in your life and in the history of our nation.
- Confess any ways you have taken freedom for granted or drifted from His truth.
- Pray for a heart of gratitude, humility, and faithfulness to pass on to the next generation.
- Seek God's guidance to live as a faithful steward of the heritage entrusted to you.



GROUP PRAYER POINTS

- Pray for our nation to turn back to God and honor the foundations of faith and truth.
- Ask God to raise up leaders who will uphold righteousness and seek His wisdom.
- Pray for unity among believers to be a light in our communities and nation.
- Intercede for families, that generations to come will know and follow the LORD.
- Ask God for revival, healing, and protection over our nation and its future.



CLOSING REFLECTION

As we remember the foundations of our nation, let us never forget that true freedom is found only in God. He has been faithful in the past, He is faithful today, and He will continue to be faithful in the generations to come. May we honor His hand by living with gratitude, purpose, and hope.

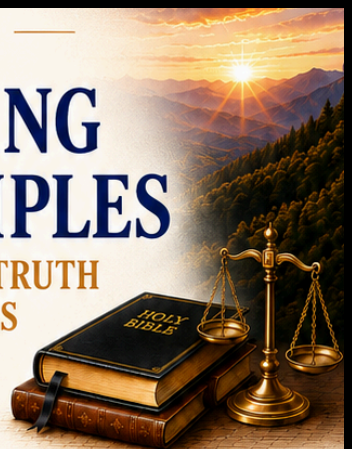
*"The LORD has done great things for us;
we are glad." — Psalm 126:3*





ESTABLISHING GODLY PRINCIPLES

BUILDING A NATION ON TRUTH
AND RIGHTEOUSNESS



This movement focuses on the godly principles that were established in our nation's beginning.

Our Founders believed that righteousness exalts a nation, and they built laws, institutions, and customs that reflected their trust in God's Word and His ways.

LEADER QUOTES & REFLECTIONS

"Righteousness exalts a nation,
But sin is a reproach to any people."
— *Proverbs 14:34*

"Our Constitution was ordained and established by the people of America for their moral and religious good."
— *John Adams*

"The government of the United States is not, in any sense, founded on the Christian religion."
— *Treaty of Tripoli (1797)*
(An affirmation of religious liberty for all, without government favoritism.)

HISTORICAL & CULTURAL INSIGHTS

- America's Founders acknowledged God in our Declaration of Independence, laws, and public documents.
- The Bible was widely read and used to inform education, law, and moral teaching.
- Principles such as justice, mercy, honesty, and self-government came from God's standard of righteousness.
- Religious liberty was established so that people could seek God freely and live out their faith.
- Our nation was designed to restrain evil, reward good, and protect the rights God gives to every person.

SCRIPTURE FOR PUBLIC READING

PROVERBS 14:34

Righteousness exalts a nation,
But sin is a reproach
to any people.

PSALM 33:12

Blessed is the nation whose
God is the LORD,
The people He has chosen
as His own inheritance.

2 CHRONICLES 7:14

If My people who are called by My name will humble themselves, and pray and seek My face, and turn from their wicked ways, then I will hear from heaven, and will forgive their sin and heal their land.

ESTABLISHING GODLY PRINCIPLES

BUILDING A NATION ON TRUTH
AND RIGHTEOUSNESS



PURPOSE & REFLECTION

A nation cannot endure without a moral and spiritual foundation. Our Founders understood that laws and institutions alone are not enough—virtue, truth, and faith in God must shape the hearts of the people. This movement calls us to renew our commitment to Biblical principles in our homes, schools, government, and everyday life.

*Righteousness
exalts a nation,
but sin is a reproach
to any people.*

— Proverbs 14:34



PERSONAL REFLECTION QUESTIONS

- Do I believe God's Word should guide my decisions and my values?
- How can I be a better example of righteousness, integrity, and faith in my daily life?
- What areas of my life need to be surrendered to God and aligned with His truth?
- How can I influence others to seek and live by God's principles?



PRAYER POINTS

- Pray that God's truth will be the foundation of our lives, families, and nation.
- Ask God to raise up leaders who fear Him and govern with wisdom and integrity.
- Ask God to help us reject moral compromise and stand firm for righteousness.
- Pray for revival and spiritual awakening across our nation.

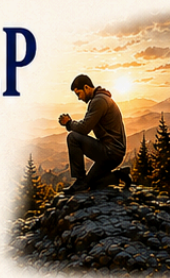
MOVEMENT THREE

SEEKING HEAVEN'S HELP

WHERE OUR HELP COMES FROM

As we recognize our need and acknowledge our limitations, we turn our hearts toward the One who is able to do exceedingly, abundantly more than we can ask or imagine. Our help does not come from human strength, wisdom, or resources, but from the Lord who reigns in heaven and rules over the affairs of nations.

In prayer and humility, we seek His face. We call upon His name. We ask for revival in our hearts, renewal in our churches, and restoration in our land. We trust that God hears, that He cares, and that when His people humble themselves and pray, He promises to hear from heaven and heal their land.



SCRIPTURE FOR PUBLIC READING

2 CHRONICLES 7:14

If my people, who are called by my name, will humble themselves and pray and seek my face and turn from their wicked ways, then I will hear from heaven, and I will forgive their sin and will heal their land.

PSALM 121:1–2

I lift up my eyes to the mountains—where does my help come from? My help comes from the Lord, the Maker of heaven and earth.

JEREMIAH 29:12–13

Then you will call upon me and come and pray to me, and I will listen to you. You will seek me and find me when you seek me with all your heart. I will be found by you, declares the Lord.



HISTORICAL & CULTURAL INSIGHTS

- Great awakenings in our nation's history were preceded by seasons of prayer and repentance.
- From the First Great Awakening to recent revivals, God has responded when His people turned back to Him.
- Prayer gatherings, fasts, and days of seeking God have often marked turning points in our history.
- The Church has the privilege and responsibility to intercede for leaders, communities, and generations to come.
- Heaven's help is not only possible—it is promised when we seek Him with all our hearts.



LEADER QUOTES & REFLECTIONS

"No nation can rise to greatness unless it knows how to bow before God."

— *Billy Graham*

"Prayer is not the last resort; it is the first line of defense."

— *Leonard Ravenhill*

"Humble yourselves, therefore, under God's mighty hand, that He may lift you up in due time."

— *1 Peter 5:6*

SEEKING HEAVEN'S HELP

WHERE OUR HELP COMES FROM



As we recognize our need and acknowledge our limitations, we turn our hearts toward the One who is able to do exceedingly, abundantly more than we can ask or imagine. Our help does not come from human strength, wisdom, or resources, but from the Lord who reigns in heaven and rules over the affairs of nations.

In prayer and humility, we seek His face. We call upon His name. We ask for revival in our hearts, renewal in our churches, and restoration in our land. We trust that God hears, that He cares, and that when His people humble themselves and pray, He promises to hear from heaven and heal their land.



PERSONAL REFLECTION

Examine Your Heart. Seek His Face.

1 Do I truly recognize my need for God's help in my life, church, and our nation?

2 Where have I relied on my own strength, wisdom, or resources instead of seeking Heaven first?

3 How can I grow in humility and dependence on God as I seek His help?

4 What is God prompting me to pray for during this time of seeking His face?



"If my people, who are called by my name, will humble themselves and pray and seek my face and turn from their wicked ways, then I will hear from heaven, and I will forgive their sin and will heal their land."

— 2 Chronicles 7:14



PRAYER & INTERCESSION

Pray with Faith. Intercede with Hope.

A. Pray for Revival in Our Hearts

Ask God to awaken our hearts to His presence and renew our love for Him.

- ---
- ---
- ---

B. Pray for Our Churches

Lift up pastors, leaders, and congregations. Pray for unity, holiness, and boldness in sharing the Gospel.

- ---
- ---
- ---

C. Pray for Our Nation

Intercede for our leaders, communities, families, and future generations.

- ---
- ---
- ---



WE BELIEVE GOD HEARS AND ANSWERS.

He is faithful, He is near, and He is able to do exceedingly, abundantly more than we can ask or imagine.

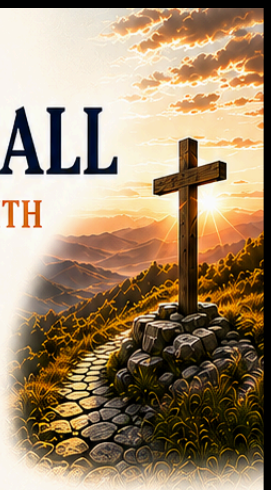
— Ephesians 3:20



MOVEMENT FOUR

EMBRACING OUR CALL

ANSWERING WITH COURAGE AND FAITH



As we seek God’s help and listen for His leading, we are reminded that He calls His people not only to pray but also to act in faith. He has given each of us gifts, talents, and opportunities to make a difference in the places where we live, work, learn, and serve.

This is not our moment to sit on the sidelines or remain silent. It is our moment to rise in Holy Spirit—led obedience—trusting in God, stepping forward, and joining the work of His Kingdom. When we answer His call, we become instruments of His power called to be salt and light, to speak truth with love, to serve with humility, and to pursue justice, kindness, and righteousness.

May we reject passivity and fear, and surrender to the calling of God. Let us commit ourselves to building a better future rooted in faith, guided by God’s Word, and empowered by His Spirit.



HISTORICAL & CULTURAL INSIGHTS

- Throughout history, God has used ordinary people who said “yes” to His call to bring about extraordinary change.
- Great leaders, reformers, and visionaries stepped forward not with power, but with prayer and steadfast faith.
- Movements for justice have been rooted in the courage of those who listened to God’s voice and acted with love and conviction.
- Each of us is part of God’s ongoing story—a story that unfolds through our obedience, faith, and willingness to get involved.



LEADER QUOTES & REFLECTIONS

“Our lives begin to end the day we become silent about things that matter.”

— *Martin Luther King, Jr.*

“America was built on courage, on imagination and an unbeatable determination.”

— *Harry S. Truman*

“I am only one, but I am one. I cannot do everything, but I can do something.”

— *Edward Everett Hale*

“Here am I; send me.”

— *Isaiah 6:8*

MOVEMENT FOUR



STEPPING FORWARD IN FAITH

Sent to Serve. Empowered to Go.



OUR COMMISSION

God has called us for such a time as this. He has equipped us with gifts, strengthened us with His Spirit, and entrusted us with the message of hope. Now, He sends us out—to love boldly, serve faithfully, and live as light in our homes, communities, and nation. Let us go forward in faith, trusting His power to work through us for His glory.



GOD'S WORD TO SEND US FORTH



MATTHEW 28:19–20

“Go therefore and make disciples of all nations, baptizing them in the name of the Father and of the Son and of the Holy Spirit, and teaching them to obey everything I have commanded you. And surely I am with you always, to the very end of the age.”



ISAIAH 6:8

“Then I heard the voice of the Lord saying, ‘Whom shall I send? And who will go for us?’ And I said, ‘Here am I. Send me!’”



ACTS 1:8

“But you will receive power when the Holy Spirit comes on you; and you will be my witnesses in Jerusalem, and in all Judea and Samaria, and to the ends of the earth.”



MY COMMITMENT *Empowered by God's grace, I choose to:*

- Seek God daily and walk in His ways. _____
- Pray for my community, my nation, and the world. _____
- Use my gifts and opportunities to serve others. _____
- Stand for justice, mercy, and righteousness. _____
- Share God's love and truth with courage and kindness. _____
- Trust God to work through me for His glory. _____

Signature: _____ Date: _____



SENDING PRAYER

*We go together.
We are not alone.*

Heavenly Father, we thank You for calling us and for the privilege of serving You. Fill us with Your Spirit, give us courage for the road ahead, and use us to bring hope, healing, and joy to the world. Go before us, walk with us, and bring Your kingdom through us. In Jesus' name we go, Amen.

Your Next Step in the Movement

This Fall

Host a **Joining Jesus** gathering in your city with *Prayer At The Heart* and *The Rooftop*—One Jesus. One Mission. One Church.

Contact John Whaley: john.whaley@prayerattheheart.org

At Work

- Start a **SALTY Workplace Prayer Group** with two other believers. Sign up @ <https://prayerattheheart.org/project-2026/salty-groups/>

- Become a **Certified Workplace Lay Chaplain**.

Contact Dr. Julius Koonce:

julius.koonce@prayerattheheart.org

Leadership Training

Become a **Certified Christian Ambassador**. Available @ <https://prayerattheheart.org/project-2026/prayer-ambassadors/>

Prayer Opportunities

- Join the **Prayer Wall**—one hour of prayer for your state and our nation.

Contact Elana Stockman:

elana.stockman@prayerattheheart.org

- Serve on the **Prayer & Crisis Referral Line**. Free training.

Only 2 hours weekly.

Contact Linda Morrison: linda@yourprayerteam.com

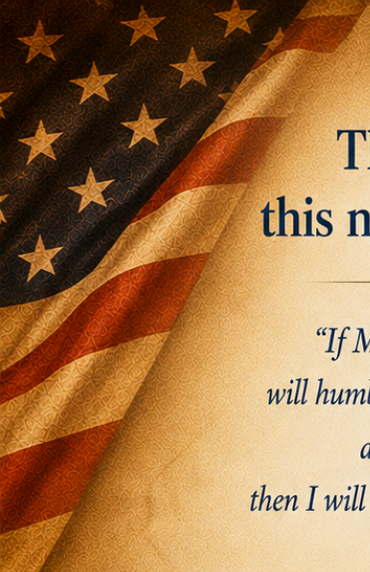
Mark Your Calendar

- **21 Days of Prayer** — January 10–31, 2027 | Nightly at 8:30 PM on www.Christianbody.net. Call in number: 518-318-7117

- **Million Soul Campaign 2027** — March 28–May 16, 2027 |

Special focus: Gen Z.

Join the Million Soul Campaign effort at
www.PrayerAtTheHeart.org



Thank you for joining
this national journey of prayer.

*“If My people, who are called by My name
will humble themselves, and pray and seek My face
and turn from their wicked ways,
then I will hear from heaven, and will forgive their sin
and heal their land.”*

— 2 Chronicles 7:14



PRAYERATTHEHEART.ORG

FOLLOW ★ PRAY ★ MOBILIZE ★ DISCIPLE

Dr. P. Douglas Small

*President and Executive Director
of Prayer At The Heart*

Resource designed and developed by

Dr. David Estrada

Prayer At The Heart Project 2026

For ministry partnership opportunities:



david.estrada@prayerattheheart.org



PrayerAtTheHeart.org
